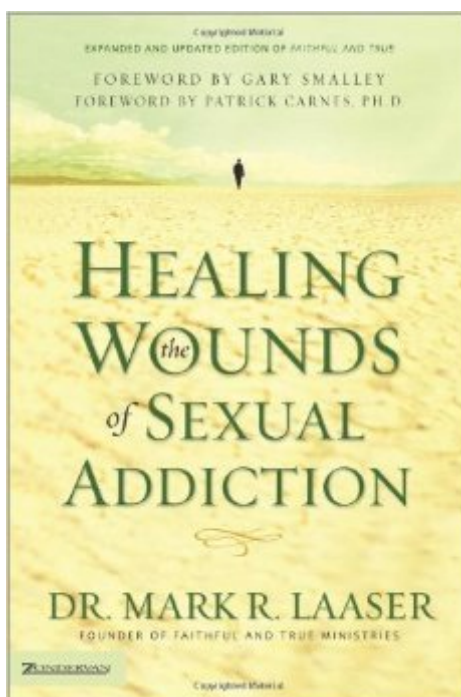


The book was found

Healing The Wounds Of Sexual Addiction



Synopsis

Mark has eloquently unraveled the mystery behind addictive behavior: when our relationships are not alive and growing, the temptation for various kinds of addictions is unleashed. • Dr. Gary Smalley With today's rampant availability of Internet pornography, sexual addiction has become a national epidemic that affects up to 10 percent of Christians. As devastating as any drug habit, it brings heartbreak and despair to those it entangles. But there is help for men and women caught in sexual addiction's downward spiral. This book offers a path that leads beyond compulsive thoughts and behaviors to healing and transformation. Sensitive to the shame of sexual addiction without minimizing its sinfulness, Dr. Mark Laaser traces the roots of the problem, discusses its patterns and impact, and maps out a biblical approach to self-control and sexual integrity. Previously titled Faithful and True, this revision includes an all-new section that deals with sexual addiction in the church. Other important changes reflect cultural trends, incorporate current research, and place a greater emphasis on spiritual growth. This book also addresses the unique needs and issues of female sex addicts. Whether you know someone with a sexual addiction or struggle yourself, Healing the Wounds of Sexual Addiction points the way to understanding, wholeness, and holiness.

Book Information

Paperback: 240 pages

Publisher: Zondervan; Revised ed. edition (August 2, 2004)

Language: English

ISBN-10: 0310256577

ISBN-13: 978-0310256571

Product Dimensions: 5.4 x 0.6 x 8 inches

Shipping Weight: 6.4 ounces (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars • See all reviews (68 customer reviews)

Best Sellers Rank: #44,769 in Books (See Top 100 in Books) #23 in Books > Health, Fitness & Dieting > Addiction & Recovery > Sexual #168 in Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse #203 in Books > Self-Help > Sex

Customer Reviews

This book written about sex addiction from a christian perspective is excellent! It explains boundaries and using the 12 step recovery process in an easy to understand format. Written by a former pastor, this book is a wonderful tool for recovery for both the christian and non-christian.

After discovering my husband's pornography addiction I read this book. If you want to understand what sexual addiction is all about, this is a must read. It is a straight forward education regarding the three building blocks of this addiction. You won't be able to read it all at once as some truths are hard to digest. After years of being lied to and manipulated, my eyes are now opened and I will always be grateful to the author of this book for getting this information out and offering hope to the hopeless.

This book is by far the best I've read on this subject. It doesn't dance around language or issues, but hits the subject head on with Biblical principles. I'd recommend this book (and have) to anyone suffering from sexual addiction.

Fabulous book. Beautifully explains the roots of as well as the pain involved in sexual addictions. Gives hope for those who struggle with this and would help friends and family to understand at least in part, what the addict is dealing with. This book recognizes sin as sin, but does so with a spirit of love and not condemnation. It is honest and inspiring.

Excellent book with solid Spiritual and Psychological foundations. The work book that can be bought separately is a very good tool for recovery as well. This book gives the process and the thoughts behind the process of healing from a sexual addiction.

Excellent! It may not be the "end all" book, but it does help you begin to understand the addiction. In doing that, it helps the family help each other, hopefully. One of the best parts of the book is in the back. It tells of other sources of help, books, organizations, treatments centers and other things. It gives testimony to the fact that this addiction can be managed one day at a time and eventually you will have more good days behind you than bad days. It gave me hope for my son.

This excellent little book embeds the processes of recovery from sexual addiction in a Christian perspective, without the "sin talk" that you would expect. Laaser takes the "higher power" rhetoric of 12-step programs and makes Biblical references to grace (to overcome the feelings of despair and shame that accompany addiction) and the abiding presence of God as a companion in the journey. There is an excellent section on couples in recovery, and some good advice on getting past the first several months (when the adrenaline rush keeps you honest) and settling in for the long haul. Like

most books on this topic, the emphasis is on the compulsive sexual behaviors -- anonymous sex, masturbation, pornography, multiple adulteries -- and the emphasis is on controlling the behavior and overcoming the compulsion rather than making the core changes in self-image and self-awareness that is necessary to keep the addict from displacing the compulsive sexual activity into other behaviors. That's OK -- this is a book for personal recovery, not a counselor's guide for treating an addict. I have recommended this book to several Christian friends and pastors, and more than one Jewish therapist who has appreciated the stories of overcoming temptation that are in Hebrew scriptures.

One of the BEST books I've ever read on sex addiction. Dr. Mark Laaser did a phenomenal job in writing this book; it is extremely relevant for today's society. He also wrote with incredible detail and accuracy about the family dynamics of sex addiction; sex addiction is a generational family issue--not just a single family member issue. GREAT BOOK!

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